



How to Write an Article for The American Homeopath

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About The American Homeopath

- There have been two versions of a journal called “The American Homeopath”
 - The first began in 1879, during the heyday of American homeopathy
 - The second, modern incarnation was founded in 1994, shortly after the beginning of NASH itself
- It was conceived as a journal to promote, express and encourage high standards of classical homeopathy
- Its original motto was, “Hew to the line. Let the chips fall where they may.”

The Journal strives to...

- Publish information that stays true to the philosophy of classical homeopathy envisioned by Samuel Hahnemann
- Promote the practice and profession of classical homeopathy
- Support all classical homeopaths, regardless of their background and medical discipline
- Inform and educate homeopaths, so they can provide high quality care to clients

Dedicated to...

- Publishing original work that reflects
 - Integrity
 - Honesty
 - Humility
 - Spirit

Why write an article?

- Do you have a story to tell?
- Do you have something you think would be useful for other homeopaths to know about?
- Is there something you have learned from your practice?
- Is there something that inspired you?
 - A book, case or insight?
- Don't feel you have to be a big name or an "expert" to write an article that could inspire or help other homeopaths

Types of articles

- Cases
- Materia medica
- Interviews
- History
- Philosophy
- Provings
- Research
- Community events
- Book reviews
- Obituaries

Inspired to write? Great!!

- Ready to start typing? Wonderful!
- But first – take some time to organize your thoughts:
 - Think about what you want to say
 - List your main ideas
 - Put them into a logical order
 - Remember that your reader may not know what you know – explain your ideas clearly and make sure they can follow your reasoning

How to structure your article

- The structure of your article is important
- Article structure will vary somewhat with the type of article you are writing, but broadly speaking it should follow this pattern:
 - Introduction: Give people an outline of what the article is about. If you have a key idea, state it
 - Main body of article: This should flow with a logical progression of ideas and/or information
 - Conclusion: Summarize the main ideas and your takeaway points

Different kinds of articles...

- ... and what we need from you
- The style and content of articles will vary according to their subject
- For example, a case will need a different approach than an article about philosophy

Cases

- First, get written permission from your client
 - Anonymize names and remove identifying details
- What to include:
 - Summary of client's description of their symptoms
 - Your analysis of the symptoms
 - Repertorization and/or rubrics chosen
 - Can include repertorization chart
 - Remedies considered and why
 - Remedy differentiation
 - Brief materia medica description
 - Remedy given, including potency and repetition
 - Follow ups for at least one year for chronic cases

Materia medica

- This could be information about a well-known remedy but perhaps viewed through the lens of your experience
- It could be about a new, small or little-known remedy
- You could compare two or more similar remedies to aid in differentiation
- It could be about a family of remedies e.g. the Lacs
- Provide clear descriptions, with sources
 - Materia medica books, provings, or your own cases

Interviews

- We include at least one interview in each issue
- Please get in touch if you have an idea and the opportunity to conduct an interview
- Transcribe the interview and then allow your subject to edit it to make sure they are happy with it
- Provide us with contact information for your interviewee, in case we have any questions for them
- Interviewees get a complimentary copy of the journal

Philosophy and “Reflections”

Articles about the philosophy and underlying principles of homeopathy can offer advice about how to practice. They might cover such things as:

- Case taking approaches
- Case analysis methods
- Potency selection and dosing
- Case management
- Miasms
- Treating particular conditions

History

- Historical articles can be about a range of topics, for example:
 - A particular homeopath
 - An approach or idea within homeopathy
 - The spread of homeopathy

Proving

- There are very detailed guidelines for proving submissions
- Please contact me if you are thinking of conducting a proving, or want to submit one
- More details at the NASH website, on the Journal submissions page: <https://homeopathy.org/the-american-homeopath-journal/journal-submissions/>

Style

- Keep it simple!
- It's tempting to use long, multi-clause sentences with multiple adjectives, BUT
- Articles are easier to read when they are clear and concise, with short, snappy sentences
- Avoid too much flowery prose and fancy language
- Remember, your aim is to help the reader to understand your ideas

Remedies, sources and citations

- Italicize remedy names (check you spelled them right!)
 - E.g. *Nux-vomica*, *Natrum-muriaticum*
- State the repertory you used, whether it is a book or a software program. This should be italicized too
 - E.g. *MacRepertory*, *Kent*, *Synthesis*, *RadarOpus* etc.
- State the materia medica source(s) you used. Also italicized.
 - E.g. *Concordant Reference*; *Boericke*; *Boger*, etc.
- List your sources. Reference citations should follow MLA format
 - See <http://www.easybib.com/guides/citation-guides/mla-format/> for more information
 - Microsoft Word can put works cited into MLA format automatically

Bios

- Your article should end with a brief bio
- Summarize your background, training and/or experience
- List other publications, if any
- Provide a contact email and/or web site address

Journal production process

- All articles received are reviewed by the editing team. This process considers:
 - Relevance to the theme
 - Value to the homeopathic community
 - Adherence to classical homeopathy, OR
 - Well-reasoned arguments for new approaches
- After being accepted, articles are copy edited by a small team of wonderful volunteers (all homeopaths)
- The cover is selected by a small panel of volunteers

Journal production process

- After copy editing, articles are digitally typeset
- The layout is finalized, including ad placement and cover text
- There are numerous rounds of proofreading
- The final proof is sent for printing and distribution
- Journal is distributed and the online version appears on the NASH website

This year's theme

- “What is Healing?”

The details...

- Deadline is April 15th 2018
 - Submit earlier if you can
- Articles should be in .doc format
- Articles should be original; not previously published elsewhere
- Not all submissions will be accepted – but the majority are
- Articles may be edited for grammar, spelling and clarity
- Article length is flexible – usually between 1,000 and 10,000 words
- All published articles become copyright of NASH
- You may republish as long as you first obtain permission and include an acknowledgement

Give it a go!

- It may sound intimidating, but give it a go
- I am happy to offer advice and guidance to first-time authors – email me with questions at:
editor@americanhomeopath.com
- It's a great feeling to see your work in print
- And don't forget that you get CEUs for having an article published

Questions?

- Any questions?